NPPS Weekly Bulletin: Celebrations, Key Dates and Messages

Friday 12th December 2025

Link to our website

Friday, 12th December 2025

Messages, News & Celebrations from Newbury Park Primary School

Message from our Headteacher Mrs Dawes

Dear Families,

A huge thank you to Friends of Newbury Park Primary School (FoNPPS), for organising their very first Christmas fete. It was a wonderful event that brought joy to our school community. A special thank you also goes to all the teachers who supported the afternoon, and of course to our families whose enthusiasm and kindness helped make the day such a success.

Our attendance has really dropped this week, so this is a gentle reminder of the importance of pupils being in school every day unless they are genuinely unwell. Good attendance makes a significant difference to learning and progress, especially at this busy time of year. Congratulations to Year 4 Red, Year 2 Red, Year 2 Yellow and Year 6 Yellow for reaching our school attendance target of 97%.

I would also like to congratulate our Stars of the Week, and our Star Readers and Writers, for their hard work and positive attitude. Their achievements are truly well deserved.

I am really excited about our extra curricular activities offer for the Spring term. Please do take a moment to look through the clubs below. These clubs are proven to be a great way for pupils to explore new interests, develop their skills and build confidence.

With one more week to go, we are looking forward to our Christmas concerts, class parties and Christmas dinner, which are just some of the highlights planned for the days ahead. Please remember that school finishes at 1:30 on Friday.

Thank you once again for your continued support.

Wishing all our families a wonderful weekend.

Sebrina Dawes

Friday, 12th December 2025

Messages, News & Celebrations from Newbury Park Primary School

Attendance at NPPS:

Redbridge House	Aldborough House	Newbury House	Perryman House
Nur - 86%		Nur - 90%	
Rec - 87%	Rec - 95%		Rec - 94%
Y1 - 93%	Y1 - 92%		Y1 - 76%
Y2 - 97%	Y2 - 85%	Y2 - 91%	Y2 - 97%
Y3 - 90%	Y3 - 95%	Y3 - 94%	Y3 - 95%
Y4 - 97%	Y4 - 90%	Y4 - 94%	Y4 - 86%
Y5 - 92%	Y5 - 92%	Y5 - 92%	Y5 - 93%
Y6 - 94%	Y6 - 92%	Y6 - 89%	Y6 - 97%

Our School Values

Courage	Curiosity	Compassion	Creativity	Collaboration
Integrity Resilience	Respect Wonder	Dignity Kindness	Passion Originality	Teamwork Participation

Our 3 School Rules

Ready. Respectful. Safe.

Our School Mantra

Learning for life, Achieving Together,
Aspiring high, now and forever!
At Newbury Park, we strive to excel,
With belief in ourselves, we'll always do well!

Friday, 12th December 2025

Celebrations:

Attendance, Star of the Week, Star Readers and Star Writers

Star of the Week at NPPS:

Redbridge House	Aldborough House	Newbury House	Perryman House
Nur - Marwah		Nur - Fattah	
Rec - Khadija	Rec - Dhruti		Rec - Amelia
Y1 - Vennela	Y1 - Zanish		Y1 - Akshana
Y2 - Arjan	Y2 - Abdul	Y2 - Sahraj	Y2 - Khawla
Y3 - Lakshmi	Y3 - Zaviyar	Y3 - Annabelle	Y3 - Ilana
Y4 - Reza	Y4 - Taurie	Y4 - Ather	Y4 - Lamisah
Y5 - Naynika	Y5 - Chaitra	Y5 - Yannis	Y5 - Aamina
Y6 - Aariz	Y6 - Daria	Y6 - Deeksha	Y6 - Uzair

Star Reader of the Week at NPPS:

Redbridge House	Aldborough House	Newbury House	Perryman House
Nur - Eshal		Nur - Shaurya	
Rec - Mia	Rec - Kriyansh		Rec - Oliver
Y1 - Abdullahi	Y1 - Aizah		Y1 - Dominic
Y2 - Samir	Y2 - Mohamed B	Y2 - Maya	Y2 - Rayhan
Y3 - Zaynab	Y3 - Fabiha	Y3 - Sudeeksha	Y3 - Rithav
Y4 - Akshara	Y4 - Alexandros	Y4 - Unaisah	Y4 - Dharshan
Y5 - Ajen	Y5 - Zakariya	Y5 - Ellvin	Y5 - Thrish
Y6 - Raahi	Y6 - Deana	Y6 - Aarvi	Y6 - Umar U

Star Writer of the Week at NPPS:

Redbridge House	Aldborough House	Newbury House	Perryman House
Nur - Arad		Nur - Farhan	
Rec - Alice	Rec - Liam		Rec - Ayaat
Y1 - Ibrahim	Y1 - Zain		Y1 - Alesio
Y2 - Armaan	Y2 - Alina	Y2 - Alice	Y2 - Aarish
Y3 - Sophia	Y3 - Viyan	Y3 - Maanvik	Y3 - Paula
Y4 - Bella	Y4 - Priyavi	Y4 - Aneesa	Y4 - Aiden
Y5 - Madhav	Y5 - Hannah	Y5 - Easha	Y5 - Tymon
Y6 - Aadeesh	Y6 - Vivan	Y6 - Delisha	Y6 - Mostakim

Friday, 12th December 2025

Key Dates Autumn 2025

December

15.12.25	Y3 Christmas Around the World Assembly - more info to follow
16.12.25	Y5 trip to the Gurdwara - more info to follow
16.12.25	Rec and Y6 Christmas Around the World Assembly - more info to follow
17.12.25	Y1 and Y5 Christmas Around the World Assembly - more info to follow
18.12.25	Y2 and Y4 Christmas Around the World Assembly - more info to follow
18.12.25	Reception Stay and Play 2:30 - 3:15 pm
19.12.25	Christmas Jumper Day and Class Parties
19.12.25	Lunch Event: Christmas Lunch Day
22.12.25 - 05.01.2026	CHRISTMAS BREAK

Friday, 12th December 2025

Key Dates Spring 2026

6.1.26	Pupils return to school
6.1.26	Pizza Making for Autumn Attendance Winners - more info to follow
6.1.26	Themed Lunch: Superhero Day!
8.1.26	Fluoride checks
8.1.26	Reception stay and play 2:30 - 3:25pm
14.1.26	Y5 visit to Ilford Green Spaces and Landmarks - more info to follow
15.1.26	Themed Lunch: Census Day!
15.1.26	Reception stay and play 2:30 - 3:25pm
20.1.26	National Child Measurement Programme - Reception & Year 6
20.1.26	PINS Project - Parent coffee morning 2
21.1.26	Pantomime: Cinderella - more into to follow
22.1.26	Y1 visit to Buckingham Palace - more info to follow
22.1.26	Reception stay and play 2:30 - 3:25pm
23.1.26	International Education Day
26.1.26-30.1.26	Storytelling Week
26.1.26	Themed Lunch: Burns Night!
26.1.26	RE event: Lunar New Year
27.1.26	Y1 Red Class assembly 3pm - more info to follow
29.1.26	Y5 trip to V&A Museum - more info to follow
29.1.26	Reception stay and play 2:30 - 3:25pm
29.1.26	Y1 Yellow class assembly 3pm - more info to follow
2.2.26-6.2.26	Children's Mental Health Week
2.2.26	Themed Lunch: Mental Health Day!
3.2.26	Y1 Green class assembly 3pm - more info to follow
4.2.26	Parents meetings - more info to follow

Friday, 12th December 2025

Key Dates Spring 2026

5.2.26	World Read Aloud Day
5.2.26	Reception stay and play 2:30 - 3:25pm
5.2.26	Y1 Blue class assembly 3pm - more info to follow
6.2.26	Maths: Number Day
9.2.26	Random Acts of Kindness
9.2.26	Themed Lunch: Be Kind Day!
11.2.26	Redbridge Music School Recital - String 2-3pm
12.11.26	Reception stay and play 2:30 - 3:25pm
16.2.26 - 20.2.26	HALF TERM!

Friday, 12th December 2025

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Educational Visits Autumn Term

🎒✨ Half-Term Trips and Visits ✨🚌

This half term, our pupils will be taking part in a range of carefully planned educational visits designed to enhance their learning and inspire curiosity. Each trip offers a wonderful opportunity to explore topics in new and engaging ways. 🌈

👉 **Please refer to the details below for your child's year group trip information.**

If you would like to **volunteer as a parent helper** , we kindly ask that you contact your child's class teacher. We are always grateful for the time and enthusiasm our parent community brings to these experiences. 🌿📖

🛕 **Year 5 will be visiting Gurdwara Karamsar on Tuesday, 16th December!** 🙏✨

🧣 **Don't forget your head covering!**

✨ **Take a sneak peek at our school trips for next term!** ✨

Exciting adventures and new discoveries await.

🚌🌍📚

🏰 **Year 1 will be going on a Buckingham Palace walk — date TBC!** 👣✨

🖼️ **Year 5 will be visiting the V&A Museum — date TBC!** 🎨✨

Friday, 12th December 2025

Lunch Menu

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

It is lunchtime!! Remember to select your children's lunch every day! If your child does not select a meal, and needs a school lunch they will be given a sandwich or tomato pasta. Click here. See what we have on offer for next week below:

WEEK 1 MENU

W/C: 03/11, 24/11, 15/12, 05/01, 26/11, 16/02, 09/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veggie Stir Fry with Egg Noodles	Mac & Cheese with Garlic Bread	Quornish Pasty with Crispy Potatoes & Gravy	Margherita Pizza with Sweet Potato Wedges	Delicious Dippers & Chips
Quorn Burger with BBQ sauce and Garlic & Herb Wedges	Lamb Keema Curry	Roast Chicken with Crispy Potatoes & Gravy	BBQ Chicken Pizza with Sweet Potato Wedges	Fish Fingers & Chips
Sweetcorn & Green Beans	Peas & Roasted Root Veg	Roast Parsnip & Carrots	Sweetcorn & Spicy Butternut Wedges	Peas & Baked Beans
Frozen Strawberry Yoghurt	Chocolate Rice Krispie Cake	Sticky Marmalade Sponge	Pear & Berry Sponge	Jelly & Mandarins

WEEK 2 MENU

W/C: 10/11, 01/12, 22/12, 12/01, 02/02, 23/02, 16/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veggie Bolognese with Penne Pasta	Planet Friendly Sausage with Mash & Gravy	Piri Piri Veggie Strips with Crispy Potatoes & Gravy	Margherita Pizza with Herby Wedges	Cheese & Tomato Puff Square
Cheese and Tomato Pinwheel	Chicken Sausage with Mash & Gravy	Roast Chicken with Crispy Potatoes & Gravy	Singapore Chicken Noodles	Fish Fingers & Chips
Peas & Sweetcorn	Broccoli & Roasted Mediterranean Veggie	Green Beans & Swede and Carrot Mash	Sweetcorn & Winter Slaw	Peas & Baked Beans
Jam Sponge	Oaty Apple & Berry Crumble with Custard	Chocolate Tiffin	Strawberry Jelly with Peach	Chocolate Shortbread

WEEK 3 MENU

W/C: 17/11, 08/12, 29/12, 19/01, 09/02, 02/03, 23/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chinese Veggie Fried Rice	Vegan Quesadilla with Herby Wedges	Quorn Sausages with Crispy Potatoes & Gravy	Margherita Pizza with Herby Wedges	Cheese, Tomato & Basil Pasta Bake
Cheese & Tomato Penne Pasta	Chicken Burger with Tomato Ketchup & Herby Wedges	Roast Chicken with Crispy Potatoes & Gravy	Aussie BBQ Chicken Wrap with Herby Wedges	Fish Fingers & Chips
Sweetcorn & Red Cabbage Slaw	Broccoli & Peas	Carrots & Herby Green Beans	Roasted Mediterranean Veggie & Sweetcorn	Peas & Baked Beans
Oat Dream Cookie	Carrot Cake	Coconut & Pineapple Upside Down Sponge	Eve's Pudding with Custard	Lemon & Courgette Muffin

Friday, 12th December 2025

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Safeguarding Messages from Newbury Park Primary School

Safeguarding Team

What to do if you are concerned about a child at Newbury Park Primary School?

If you have any concerns about the welfare of a child or family at our school, please contact one of the designated members of the team immediately.
If you have a concern about a child outside of school hours and would like to seek advice regarding abuse or neglect you can contact the Redbridge Child Protection Team at 02087083885 or, if after 5.00 pm, on 02087085897
Children can also talk to Childline about any problems they are experiencing on 08001111.

Children's Mental Health - Every Mind Matters - NHS

https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/

Shout: the UK's free, confidential and 24/7 mental health text service for crisis support | Shout 85258

https://giveusashout.org/

Friday, 12th December 2025

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Safeguarding Messages from Newbury Park Primary School

Friday, 12th December 2025

Spring CLUBS at Newbury Park Primary School

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Monday	Indoor Cricket - NEW	3:30 - 4:30 pm	Y1 - Y6
	Karate	3:30 - 4:30 pm	Y1 - Y6
	Karate	4:30 - 5:30 pm	Y1 - Y6
Tuesday	Drama Club	3:30 - 4:30 pm	Rec - Y6
	Dodgeball	3:30 - 4:30 pm	Y1 - Y6
	Multi-Sports - NEW	3:30 - 4:30 pm	Y1 - Y2
Wednesday	Rocksteady	1:30 - 3:30 pm	Y1 - Y6
	Karate	3:30 - 4:30 pm	Y1 - Y6
	Karate	4:30 - 5:30 pm	Y1 - Y6
	Girls' Football	3:30 - 4:30 pm	Y3 - Y6
Thursday	Lego Club - NEW	3:30 - 4:30 pm	Y1 - Y6
	STEM Club	3:30 - 4:30 pm	Y1 - Y6
	Dance Club	3:30 - 4:30 pm	Y1 - Y6
	Gymnastic	3:30 - 4:30 pm	Y1 - Y6
Friday	Football	3:30 - 4:30 pm	Y1 - Y6
	Basketball Club - NEW	3:30 - 4:30 pm	Y1 - Y6
	Musical Theatre - NEW	3:30 - 4:30 pm	Y1 - Y6

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

CLUBS Messages from Newbury Park Primary School

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

CLUBS Messages from Newbury Park Primary School

MUSICAL THEATRE CLUB

Musical Theatre Club
Step into the spotlight! Each term we explore a different hit musical like Wicked, The Lion King, Elf, Oliver and more. Sing, dance, act, and build confidence while having fun with friends!

Book Here

• Reception - Year 6
Fridays: 15:30-16:30
• Cost: £10 per session (booked termly)
Newbury Park Primary School

WWW.WORLDOFPERFORMING.CO.UK
07927206108
info@worldofperforming.co.uk

Drama Club

Build confidence, make new friends, lots of fun! Games, acting, and so much more!

Book Here

• Reception - Year 6
Tuesdays: 15:30-16:30
• Cost: £10 per session (booked termly)
Newbury Park Primary School

WWW.WORLDOFPERFORMING.CO.UK
07927206108
info@worldofperforming.co.uk

Friday, 12th December 2025

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

CLUBS Messages from Newbury Park Primary School

After School Clubs

Tuesday 6th January 2026 - Friday 27th March 2026

Sports2Inspire are delighted to be delivering a range of exciting and engaging after school clubs for the children of Newbury Park Primary School

Tuesday 15:30-16:30	Dodgeball Club Year 1 - 6
Thursday 15:30-16:30	Gymnastics Club Year 1 - 6 Lego Club Year 1-6
Friday 15.30-16.30	Basketball Club Year 1-6

Important Information

Sports2Inspire are proud to have a highly qualified team of coaches who are able to tailor sessions to meet the needs of the children taking part, keeping the club fun and inclusive for everyone.

All sessions are to take place within the school's sports hall or outdoor facilities, using specialised equipment that is deemed appropriate and safe for the children to use during the session while under the supervision of Sports2Inspire. In the event of bad weather, outdoor activities will move inside to use a hall or a classroom for a theory based lesson should a hall not be available.

Cost - £68.75 (Block Booking for 11sessions)

Register Here:

https://sports2inspire.classforkids.io/term/41

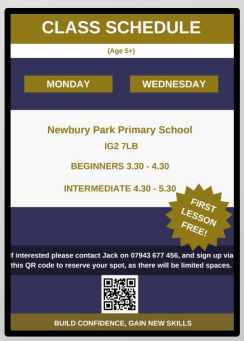
Please scroll down and find Newbury Park Primary school and book your child into either dodgeball or gymnastics club

For more information, please contact:

07932688067

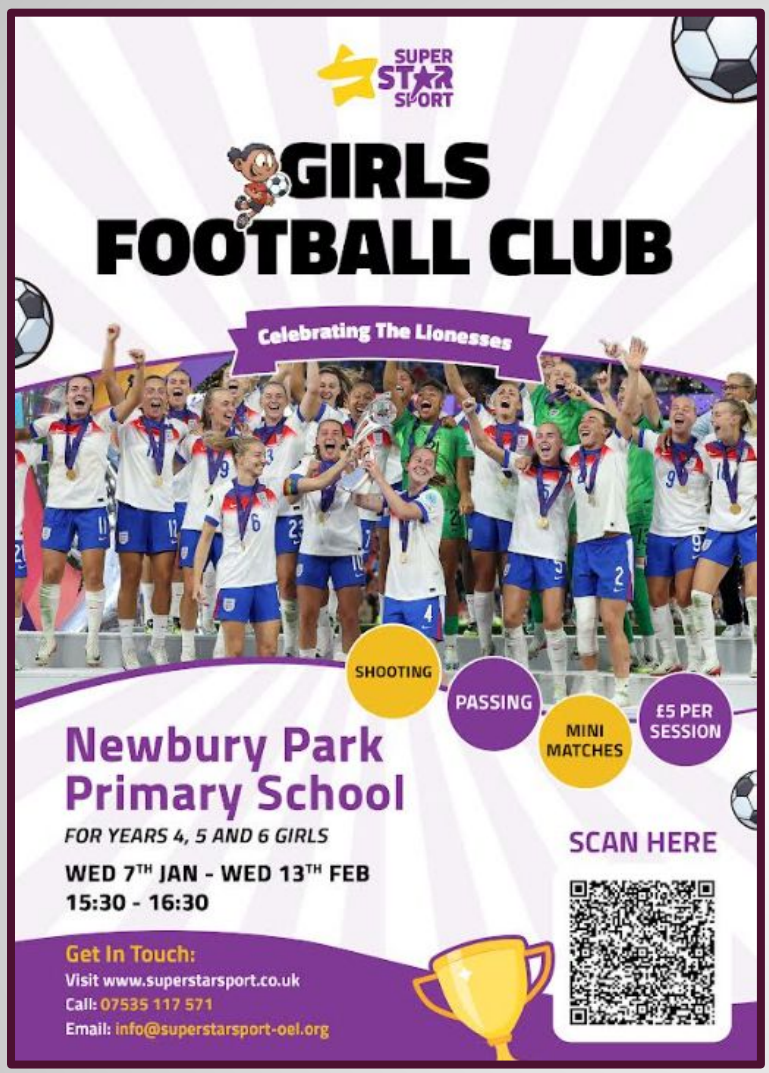
zak@sports2inspire.co.uk

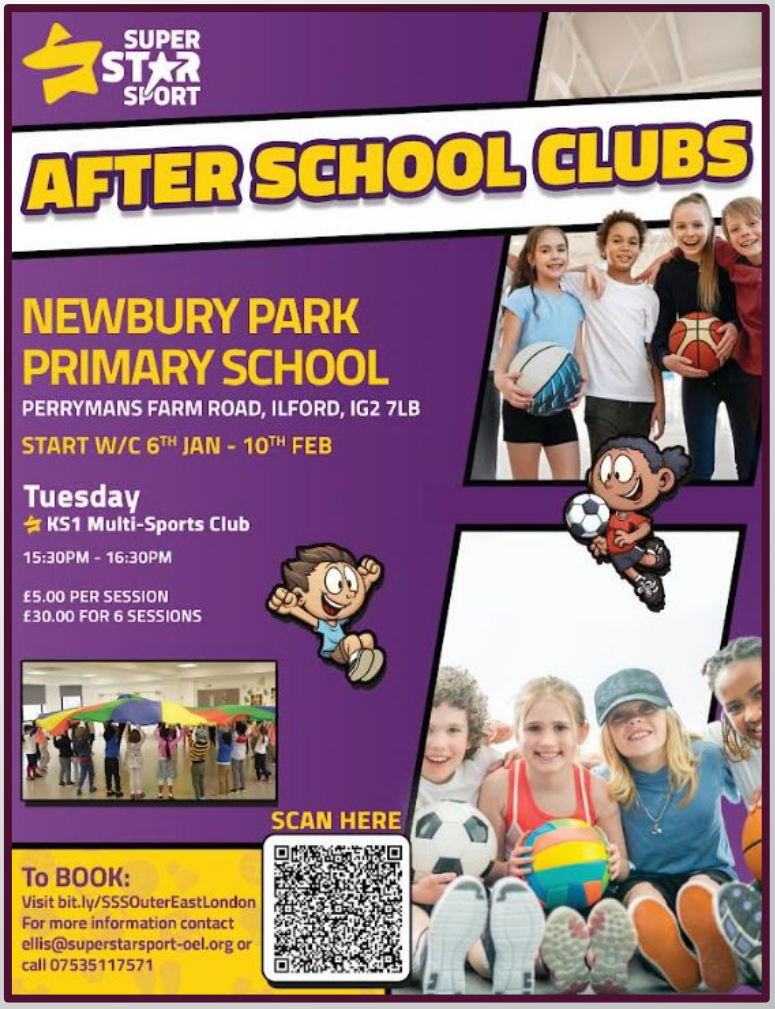
https://sports2inspire.classforkids.io/term/41



Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

CLUBS Messages from Newbury Park Primary School





Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Sunrise and Sunset Club

Fees for Term 2024-2025:

Sunrise Club
From 7:30 am – 8:55 am.
Cost: £5.00 per session

Sunset Club
From 3:25 pm – 5.00 pm.
Cost: £7.00 per session
(If you collect after 5 pm you will be charged the late session charge £10.00)

From 3.25 pm – 6.00 pm
Cost: £10.00 per session

Note that ALL Sunset ad-hoc sessions are £10.00 per session regardless of the time the child is collected.
Please note that the prices may be subject to change.

Fees are set as a flat rate, regardless of the amount of time the club is accessed. If you choose to send your child to an After-School Club, this will need to be paid for separately. Children will then be collected from their club and taken to Sunset Club.

If you arrive after 6 pm you will incur a late charge of £1.00 per minute.

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

CLUBS Messages from Newbury Park Primary School

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Messages from Newbury Park Primary School

PLEASE APPLY- FREE SCHOOL MEALS

IF YOU ARE NOT WORKING OR ON A LOW INCOME - SCHOOL CAN GET EXTRA FUNDING KNOW AS PUPIL PREMIUM

(We use this extra money to improve the educational provision and resources at the school).

For free school meal application. Please send an email to admissions@redbridge.gov.uk

Both parents will need to provide them with the following information.

Subject Line: FSM Application

Parent Name,

Parent National Insurance number,

Parent Date Of Birth,

Child's Name,

Child's Date of Birth

Child's School - Newbury Park Primary School.

Start date - your child joined the school

In the email please can you say to inform the school if eligible.

Once you received an email back from admissions stating that your child is now eligible. They will give you a start date the free school meal starts. **Then please come a show Mrs Prajapat that email in the school office**

Sometimes they will ask you to provide them with benefit information in order to process the application.

If you do not hear from them after a few weeks, it means that you are not entitled to.

Amazon Wish List

We are often asked by generous families how they can support us or if there is anything we need, particularly in these days of tighter school budgets.
We have created an Amazon wish list of a range of items that would be very gratefully received to help support our children's learning. All you need to do is order via the list and it will automatically be sent to us.
Please see the link below and thank you very much in advance for your continued support.

Newbury Park Primary School Wish List

Friends of Newbury Park Primary School

Parent-teacher associations raise an average of £7000 a year for their schools. Imagine how well that could benefit your children!

- Would you like to help fundraise for our school?
- Do you have any event planning ideas or experience?
- Would you like to be part of a resourceful and motivated team to help organise fundraising events for our school?

Would you like to be involved in your child's school experience? If you answered 'YES' to any of these questions, please sign up. We look forward to hearing from you!

Friday, 12th December 2025

Other Community Messages from Newbury Park Primary School

Online Course

Stronger Relationships

For parents and other adult carers living together or apart. **For Expectant Parents/ Early Years Help, group starting Tuesday 6 January 2026 at 6:00pm**

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...
- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...
- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...
1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**

strengthening families strengthening communities

Online Course

Stronger Relationships

For parents and other adult carers living together or apart **Group starting (Arabic Speakers Only) Friday 23 January at 11:00am**

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...
- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...
- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...
1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**

strengthening families strengthening communities

Online Course

Stronger Relationships

For parents and other adult carers living together or apart **Group starting (Parents of Neurodivergent Children Only) Thursday 5 February at 6:00pm**

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...
- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...
- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...
1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**

strengthening families strengthening communities

Online Course

Stronger Relationships

For parents and other adult carers living together or apart **Group starting (Arabic Speakers Only) Friday 9 January at 1:00pm**

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...
- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...
- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...
1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**

strengthening families strengthening communities

Online Course

Stronger Relationships

For parents and other adult carers living together or apart **Group starting (Parents of Neurodivergent Children Only) Monday 26 January at 7:30pm**

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...
- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...
- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...
1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**

strengthening families strengthening communities

Online Course

strengthening families strengthening communities

For Expectant Parents/ Early Years Help; group starting on Thursday 8 January 2026 at 14:30pm

Want to get some new ideas to help you be the best parent you can be?
Enhance your relationship with your children?
Learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...
- Information on strategies and child development.
- Hear from other parents.
- Worksheets and hand-outs.
- Videos, quizzes and fun activities.
- Do sessions at a time that works for you.
- Expert help from a real person each week.
- Choose a course that suits your child's age.

Topics covered...
- Healthy relationships.
- Understanding and managing behaviour.
- Enhancing children's self-esteem.
- Emotions and empathy.
- What to expect for the age of your child.
- Being part of a community.

Group discussion...
1. Speak to a course expert and get answers to any questions you might have.
2. Talk about how the strategies are going at home and how to adjust them for you.
3. Address other difficulties relating to parenting.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: **sfscparent@racefound.org.uk**

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

SEND Messages from Newbury Park Primary School

Redbridge SEND Parents & Carers therapeutic art session

FREE Creative Workshops For SEND Parents

Creative Dates & Themes
18th September – Acrylic Painting on Canvas
16th October – Mixed-Media Drawing
(watercolours, acrylic pens & more)

13th November – Lantern Making & Recycled Sculpture
(Light Up for Inclusion)

18th December – Festive Celebration: seasonal drawing, crafts, parent party & mini exhibition

Time: 10:30 AM – 12:30 PM
Location: Fullwell Cross Library

BARKINGSIDE ART CLUB

About Event:

Soul Studio, by Afora CIC and Barkingside Art Club, is a free monthly project for Redbrisge SEND parents to relax, create, and connect. This judgment-free space is all about celebrating your journey, expressing yourself through art, and building meaningful connections.
Come unwind, share, and shine—you deserve it!

What to Expect:

Relax, Create, Connect
Sip tea, enjoy snacks, and unwind in a calm, welcoming space.
Create art, share laughs, and connectt with EPT team & fellow SEN parents.
Guided by Eliyah Qureshi, artist, educator, and fellow SEN mum who truly understands your journey.

Why Join?

Learn new art techniques.
Enjoy therapeutic creativity.
Connect with understanding parents.
Celebrate SEND resilience.
Grow artistic confidence.

FREE Entry – Limited to 20 participants (so book early!)
Reserve Your Spot: Contact EPT info@empoweringparentstogether.org.uk
Call EPT 07486880646 Or Call Eliyah 07889829218

Don't miss the fun – see you there!

EPT EMPOWERING PARENTS TOGETHER

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Community Messages from Newbury Park Primary School

Redbridge Music Service Clubs

VISION ISMUSIC

Exciting Musical Opportunities for Young Musicians in Redbridge (Beginner – Grade 3)

Over 20 Music Clubs APPLY NOW!

vrcl.uk/musicservice

REDBRIDGE MUSIC SERVICE

Supported using public funding by ARTS COUNCIL ENGLAND

Beginners to Grade 3 and First Access Clubs

Singing Club	Yr.2+ (No experience needed)	Mondays 4:30 - 5:30pm
Percussion Club	Yr.3+ (No experience needed)	Thursdays 5:00 - 6:00pm
PanVision Steel Orchestra: Kiskadee	Yr.3+ (No experience needed)	Thursdays 4:30 - 5:20pm
PanVision Steel Orchestra: Ibis	Yr.3+ (Teacher recommendation)	Thursdays 5:25 - 6:15pm
Gamelan Club	Yr3+ (No experience needed)	Tuesdays 5:00 - 6:00pm
Gamelan Ensemble	Yr.3+ (Teacher recommendation)	Tuesdays 6:00 - 7:00pm
Mini Brass	Yr.3+ (Play 5 notes)	Saturdays 9:30 - 10:30am
Brass Club	Yr.4+ (Grade 1+)	Tuesdays 5:00 - 6:00pm
Mini Strings	Yr.2+ (Beginners)	Fridays 4:30 - 5:15pm
Midi Strings	Yr.3+ (Pre-Grade 1)	Fridays 4:30 - 5:15pm
Maxi Strings	Yr.3+ (Grade 1+)	Tuesdays 5:00 - 6:00pm
String Club	Yr.3+ (Grade 2+)	Tuesdays 5:00 - 6:00pm
Fiddles & Co	Yr.5+ (Grade 2+)	Thursdays 5:30 - 6:30pm
Mini Winds	Yr.3+ (Play 5 notes)	Tuesdays 5:00 - 5:45pm
Clarinet Club	Yr.3+ (Grade 1+)	Tuesdays 5:00 - 6:00pm
Flute Club	Yr.3+ (Grade 1+)	Tuesdays 5:00 - 6:00pm
Oboe Club	Play 8 notes from D to D	Mondays 5:30 - 6:15pm
Guitar Club	Yr3+ (Grade 1+)	Mondays 5:30 - 6:30pm
Recorder Club Beginners	Yr.2+ (Beginners)	Thursdays 4:00 - 4:30pm
Recorder Club Intermediate	Yr.3+ (Play 5 notes)	Thursdays 4:30 - 5:00pm
Recorder Club Advanced	Yr.3+ (Play 8 notes)	Thursdays 5:00 - 6:00pm

Which Music Club Will You Join?
One monthly fee allows membership to any or all clubs.

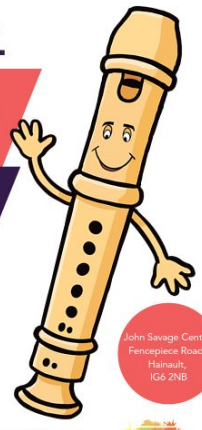
For further information about Music Service activities, please visit our website: **vrcl.uk/musicservice** or contact our Admin team: **admin.musicservice@visionrcl.org.uk / 020 8708 2828**
All activities are based at the **John Savage Centre, Hainault IG6 2NB.**

FREE BEGINNER RECORDER CLASSES

VISION ISMUSIC

FOR CHILDREN IN YR.2+

Start your child's musical journey – one toot at a time!



THURSDAYS
16:00 - 16:30
OR
17:00 - 17:30

Free until Christmas
then £19.25 per month to access all RMS clubs!

Book here
vrcl.uk/music

John Savage Centre, Fencepiece Road, Hainault, IG6 2NB

Supported using public funding by ARTS COUNCIL ENGLAND

REDBRIDGE MUSIC SERVICE

child friendly redbridge

Redbridge Music Service Early Years

VISION ISMUSIC

Building a foundation for a lifelong love of music

A structured curriculum based on the principles of Kodaly and Dalcroze, taught by experienced Early Years music specialists.

FREE TRIAL Sign up online

Mini Musicians

These fun classes for families are a wonderful way for your child to begin their musical journey. Classes include songs, rhymes, movement activities (such as rocking, bouncing and dancing) and a range of age-appropriate props and percussion instruments.

Classes are designed to contribute to all areas of your child's development as well as building a foundation for a lifelong love of music.

Each term is carefully planned to ensure variety and adequate repetition. Resources are supplied to enable learning to continue at home.

Toddlers (18 months-4 years):
Wanstead Library:
Mondays, 10:30-11:15am or 11:30am-12:15pm

John Savage Centre, Hainault:
Wednesdays, 2:00-2:45pm

Babies (0-18 months):
Wanstead Library:
Mondays, 9:30-10:15am

For further information, please visit our website:
vrcl.uk/minimusic

vrcl.uk/minimusic

REDBRIDGE MUSIC SERVICE

Supported using public funding by ARTS COUNCIL ENGLAND

FREE TRIAL Sign up online

Music Kindergarten and Young Music Makers

Children in Reception and Year 1 learn through singing, moving, listening and playing a variety of tuned and untuned percussion instruments. These classes provide an excellent musical foundation for future music making. Activities are carefully designed for children to develop their singing voice, aural, music literacy and the fine motor skills required to play a musical instrument.

More Music Makers

More Music Makers is an extension of Young Music Makers for children in Years 2, 3 or 4 and is also suitable for those who may have missed out on the opportunity to attend Music Kindergarten or Young Music Makers. These classes enhance the musical learning of those children who are already learning an instrument whilst also being suitable for children who have had little formal music training.

Music Kindergarten (Reception):
Wednesdays or Thursdays,
4:00-4:45pm

Young Music Makers (Yr.1):
Wednesdays or Thursdays,
5:00-5:45pm

More Music Makers (Yr.2-Yr.4):
Thursdays,
6:00-6:45pm

These classes are held at the **John Savage Centre, Hainault.**

For further information about Music Service activities, please visit our website: **vrcl.uk/musicservice** or contact our Admin team: **admin.musicservice@visionrcl.org.uk / 020 8708 2828**

Friday, 12th December 2025

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Community Messages from Newbury Park Primary School

We are delighted to see the return of our **'Havering Christmas Land'** attraction over the festive period in Harrow Lodge Park, Hornchurch.

Visitors will be treated to a **spectacular Christmas lights trail,** where thousands of dazzling lights and festive decorations will create an enchanting experience for all ages. Christmas Land also features a stunning Santa's Grotto, food stalls, and live entertainment on selected nights, making it the perfect festive outing for all the family!

Click here to see a video form last year:
https://www.youtube.com/watch?v=-2iB2m0ujGc

It's the biggest Christmas attraction in Havering and offers a fantastic value for money experience for local families, with all money raised supporting our work across Havering, Barking and Dagenham.

Get your tickets today:
https://www.haveringmind.org.uk/havering-christmas-land-2025/

Friday, 12th December 2025

Other Community Messages from Newbury Park Primary School

New Year, New Challenge. Foster for Redbridge Council.
I will save more money. I will eat healthier foods. Why not make a new year's resolution which will change a life? Over 300 children are unable to stay with their families in Redbridge each year and need a secure, stable and nurturing foster home.

If you have a place in your heart and home and are considering fostering, please call 0208 708 6068 or visit https://www.redbridge.gov.uk/fosteringschools to book onto our next Virtual Information Session.

We can't wait to hear from you.

Spare room feeling a little empty?

Do you miss conversations after school around the dinner table? Miss helping with homework and seeing that lightbulb moment when they understand something they have been struggling with? And although you repeated yourself hundreds of times to tidy things away, are you now, ever so slightly, missing the mess?

Bring conversation, laughter and love into your life and provide a safe, stable and nurturing environment for our most vulnerable babies, children and young people that they can call home.

If you are considering fostering and would like to know more, please visit our website on https://www.redbridge.gov.uk/fosteringschools or call 020 8708 6068.

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Community Messages from Newbury Park Primary School

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Community Messages from Newbury Park Primary School

Friday, 12th December 2025

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Community Messages from Newbury Park Primary School

Christmas in Redbridge

14 - 31 DECEMBER

The Wonderful Wizard of Oz

Join Dorothy on a dazzling journey down the Yellow Brick Road to find the mysterious Wizard of Oz. Along the way, she meets a brain-seeking Scarecrow, a heart-hunting Tin Man, and a timid Lion longing for courage.

Packed with surprises, laughter, and heart, this enchanting stage show is perfect for all ages from 5 to 105. Slip on your ruby slippers and discover why there's truly no place like home!

Redbridge Drama Centre

13 - 23 DECEMBER

Santa's Christmas Workshop

Come and visit Santa's Workshop, where Santa and his hard-working elves are busily getting ready for The Big Day!

After the show, Miss Christmas will take you to the Elves workshop, where you will be able to make a Christmas decoration that you can take home and write your letter to Santa. Next, you will be invited to meet Father Christmas himself, in the grotto. His helpful elves can then take your photo with your own phone or camera.

Redbridge Drama Centre

5 - 6 DECEMBER

Pop Up Panto

Climb into a world of laughter, music, and mayhem as Jack and the Beanstalk bursts onto the stage! Join Jack, Dame Trott, a sparkly Fairy, and a sassy Golden Goose as they take on a grumpy Giant in this fun-filled family show.

Expect magic beans, a sky-high beanstalk, catchy songs, and plenty of audience participation in this high-energy retelling of the classic story!

For more information please visit:
visionrcl.org.uk/christmas

21 - 29 NOVEMBER

Christmas Light Switch-on

This Christmas, the elves will travel to Redbridge as they need your help to pass their tests and complete training before they can graduate from the Elf Academy.

Reckon you've got what it takes?

The Elves are joined by local groups and maybe even a special guest to help bring Christmas cheer and power up the lights on the Christmas Tree.

Across Multiple Locations

29 - 30 NOVEMBER

Hainault Forest Christmas Market

Step into a winter wonderland as we transform 1856 Café and Foxburrows Barn into a festive haven of sights, sounds, and seasonal delights. With a range of handpicked vendors, a live woodcarving demo, independent stalls, festive drinks, Santa's grotto and more!

Whether you're shopping for gifts, sipping something warm, or simply soaking in the atmosphere, this is a festivity you don't want to miss!!

Hainault Forest

7 DECEMBER

Christmas at Valentines Mansion

The most wonderful time of the year at Valentines Mansion! Come along for a day full of festive cheer – carol singing, craft stalls for some Christmas shopping, Artists' Open Studios, children's craft activities, live music, Victorian Christmas displays, mulled wine and much more!

Enjoy the whole house decorated beautifully for the seasonal celebrations. A lovely, festive day for the whole family.

Valentines Mansion

30 NOVEMBER

Christmas Wreath Workshop

Something special to get you in the mood for the festivities! Join floral artist Maya from Blooming Flair to create your very own unique Christmas wreath using fresh blue pine, aromatic eucalyptus, spiced cinnamon sticks, and zesty dried oranges — the perfect way to welcome the season and add a handmade touch to your home. Accompanied by a glass of mulled wine. Includes all materials.

Valentines Mansion

ACROSS VARIOUS DATES

Arts & Crafts Redbridge Libraries

Get into the holiday spirit with festive arts and crafts at our libraries! Create seasonal decorations, handmade gifts, and fun craft projects for all ages. Come along, get creative, and enjoy a warm community atmosphere this season.

Redbridge Libraries

7 DECEMBER

Christmas Artists' Open Studios

One of the most exciting events in our calendar! The Christmas Artists' Open Studios.

The perfect day out for some unique festive gift shopping – choose from fused glass, paintings, ceramics, jewellery and more. A great day out the entire family, the whole house will be open for this much-loved Christmas open day.

Valentines Mansion

Venue Hire

Celebrate the festive season in style by hiring one of our venues for your Christmas party or celebration. We offer a range of versatile spaces and flexible packages. Contact our dedicated customer support team to find your perfect venue in Redbridge.

View our locations:
visionrcl.org.uk/venues

16 - 18 DECEMBER

Owls Play Centre Christmas Disco

Join us at Owls Play Centre for a magical Christmas-themed disco filled with festive fun for the whole family!

Each ticket includes the chance for children to post a letter to Santa and receive a personalised reply, decorate their very own gingerbread man, and enjoy a cosy hot chocolate, perfect for getting into the holiday spirit.

Fairlop Waters Country Park

19 - 20 DECEMBER

1856 Café – Christmas Trail

Enjoy a festive twist on our popular Halloween trail with a Christmas-themed adventure the whole family will love!

Children can post a letter to Santa and receive a personalised reply, enjoy a warm hot chocolate, decorate their own gingerbread man, and follow a fun activity trail.

Hainault Forest

21 DECEMBER - 22 DECEMBER

Café 1856 & Owls Play Centre – Letter to Santa Experience

Enjoy a festive treat this season with our special Christmas offer experience. For just £5, children can post a letter to Santa and receive a personalised reply, along with a delicious gingerbread man and a cosy hot chocolate, perfect for adding a touch of magic to the countdown to Christmas.

Across Multiple Locations

Newbury Park Primary School
Learning for Life, Achieving Together
Courage | Creativity | Collaboration | Compassion | Curiosity

Other Community Messages from Newbury Park Primary School

Bags of Taste

Save money and cook better than the takeaway

JOIN OUR FREE FUN COOKING COURSES

...all you need is a kitchen and a phone!

FREE fun cooking courses AT HOME
Cook great food in just two weeks!
Impress friends and family

Exciting meals can be quick, fun, easy and cheap to cook with our **FREE** (ingredients included), flexible, home-based short courses

CHANA MASALA

ITALIAN PASTA SAUCE

MIDDLE EASTERN PILAF

To register
Phone or text/Whatsapp on **07813 678 660**
or email: **redbridge@bagsoftaste.org**
or sign up online: **https://bagsoftaste.org/students**

Community Action Redbridge

Are you worried about the rising cost of food and how to eat healthily on a tight budget?

Then join one of our free, fun cooking courses. Learn how to make delicious, healthy meals from all over the world whilst saving money.

All you need is a kitchen and a phone!

About the course

- **FREE**, ingredients included*
- Cook tasty, healthy meals, cheaply
- Get tips on how to budget and save money when you're shopping
- Learn how to waste less

How does it work?

- We deliver three step-by-step recipes and all the ingredients you need, straight to your door
- Your personal mentor will support you by phone or WhatsApp with lots of tips and advice along the way
- At the end you'll get a free gift of wallet-friendly recipes

What do I need to do?

- All we ask is that you cook the three recipes and send us photos of your lovely food!

How long does it take?

- About two weeks but you can work at you own pace

How do I join?

- Register online: **https://bagsoftaste.org/students**
- Call/WhatsApp **07813 678 660**
- Email **redbridge@bagsoftaste.org**

Once we've confirmed your registration we'll contact you to arrange your delivery

LEARN TO COOK | EAT LESS TAKEAWAYS | SAVE MONEY | IMPROVE HEALTH | HAVE FUN

*For qualifying participants only