INTENT

In Key Stages 1 and 2, the curriculum evolves through five interlinked key areas:

Character Development and Social Skills: Building responsibility, resilience, and confidence, including the courage to 'speak out.'

Health: Promoting mental and physical well-being as integral to daily life, equipping pupils with the language and knowledge to understand emotions and maintain their own and others' well-being.

Relationships: Cultivating healthy, positive, and respectful interactions.

Rights Respecting: Fostering an understanding of rights and empowering pupils to act as active, informed citizens.

Safety: Teaching children to stay safe in various environments, including online, while understanding appropriate boundaries in relationships.

Through the above areas we aim for children to be highly motivated and socially confident, making informed decisions when facing risks and challenges, with a clear understanding of how we treat each other and behave with respect to all.

IMPLEMENTATIO N

Our PDH curriculum is delivered using a spiral approach, which revisits key themes each year with increasing depth and complexity. This ensures the progressive development of essential skills and attributes. The curriculum is carefully sequenced to build on prior knowledge and explicitly connects different aspects of Personal Development and Health.

Key features of our implementation include:

Integrated Learning: Skills learned in PDH are transferable across subjects and contexts, including educational visits.

Responsive Curriculum: We incorporate current affairs to provide real-world relevance, linking these to the five key areas of PDH.

Community and Family Engagement: Partnerships with families and the wider community enrich the curriculum. For example, firefighters may visit to discuss safety, and parents may join outdoor activities to support resilience-building.

Themed Events: Special weeks, such as E-Safety Week or Friendship Day, deepen understanding and embed key messages.

IMPACT

We aim to develop pupils who:

Are confident in expressing their thoughts and opinions,

Possess the skills to keep themselves and others safe,

Show respect for others' beliefs, choices, and diversity,

Take responsibility as informed global citizens, and

Build and sustain positive relationships with peers and adults.

We measure the impact of our PDH curriculum through:

Pupil Surveys: Gathering insights into well-being and personal development.

Behaviour and Safeguarding Records: Analyzing data to identify trends and areas for improvement.

PDH

Compassion | Curiosity

Learning for Life, Achieving together

Courage | Creativity